

# Jay L. Gruhlkey M.D.

## Work experience

July 2006 – present **Lonestar Medical** New Braunfels, Texas

**CEO/Owner**

Private practice multi-provider group

November 2024 – Present **Music Medicine** New Braunfels, Texas

**Co-Owner**

Medical support for touring musicians and music festivals

March 2016 – present **JLG Land Co.** Mason, Texas

**CEO/Owner**

Ranching and Hunting operations in Texas Hill Country

March 2013 – present **Direct Allergy** Erie, Pennsylvania

**Chief Medical Officer**

Chief Medical Officer/Co-Founder for start-up allergy company

September 2011 – present **National Procedure Institute** Austin, Texas

**National Lecturer**

Lecturer for Training PCPs in office procedures – Allergy Testing

July 2005 – July 2006 **River City Medical** New Braunfels, Texas

**Staff Physician**

Staff physician for clinic and hospital (affiliated with Allergy and Family Medicine in San Marcos, Texas)

May 2005 – May 2015 **Southwest Medical Associates Inc.** Rockport, Texas

**Contract Physician**

Contract physician for rural emergency room coverage

October 2003 – October 2005 **Allergy and Family Medicine** San Marcos, Texas

**Staff Physician**

Staff physician (Family Medicine and Allergy treatment) for two clinics

August 2001 – September 2003 **Hardeman County Clinic** Quanah, Texas

**Staff Physician**

Staff physician for rural clinic, hospital, emergency room and nursing home

## Training

**Southwest Memorial Family Practice Residency Program**

Houston, Texas

*Internship and Residency in Family Practice 1998-2001*

<b>Education</b>	<p>June 1996 – June 1998    University of Texas – Houston    Houston, Texas  <b>Doctor of Medicine</b></p> <p>August 1994 – June 1996    University of Texas Medical Branch Galveston, Texas  <b>Doctor of Medicine Candidate</b></p> <p>August 1993 – July 1994    University of Texas - Houston    Houston, Texas  <b>Clinical Cytogenetics</b></p> <p>August 1989 – May 1993    Texas A&amp;M University    College Station, Texas  <b>Bachelor of Science – Chemistry</b></p>
<b>Accreditations</b>	<p>Fellow, American Academy of Family Physicians – June 2004  Federal Aviation Administration – Aviation Medical Examiner – June 2004  Board Certified - American Board of Family Medicine – recert April 2018  HIMS Aviation Medical Examiner – September 2023</p>
<b>Professional memberships</b>	<p>Pan American Allergy Society  American Academy of Family Physicians  Civil Aviation Medical Association  Texas Academy of Family Physicians  Texas Medical Association  Tri County Medical Society  TEXPAC</p>
<b>Awards received</b>	<p>Annual Leadership Forum Scholarship – TAFP - 2008  AMA Foundation Leadership Award – Young Physician Section – 2003  Resident Teaching Award – Society for Teachers in Family Practice - 2001  Mead Johnson Award for Graduated Education in Family Practice – 2000  Texas Outstanding Rural Scholar Recognition Program – 1994-1998  Merck Award for Academic Excellence – 1998  Deans List University of Texas Health Science Center Houston – 1994  American Chemical Society Leadership Award – 1993  Distinguished Students List – Texas A&amp;M University – 1992  Robert Welch Research Fellowship in Chemistry - 1991</p>
<b>Political and Organizational Activities</b>	<p>President Pan American Allergy Society 2013  Pan American Allergy Society Board Member – 2010-2013  Credentials Committee – Christus Santa Rosa New Braunfels 2010-13  Texas Medical Foundation – EMR implementation project 2009  CS2Day Smoking Cessation Research project participant 2008-2009  Family Practice Management Peer Reviewer 2007- current  TAFP Board of Directors – Travis County Chapter Director 2008-2010  Central Texas Providers Network Board Member 2006-current  New Braunfels Chamber of Commerce – Governmental Affairs Committee</p>

TMA House of Delegates - YPS delegate 2005-2007  
 Advisory Committee – e-MDs EMR Software Company 2005  
 Commission on Legislative and Public Affairs – TAFP 2004-2010  
 Finance Committee Texas Academy of Family Physicians 2004-2007  
 Tort Steering Committee Rep. Patrick Rose – 2003-2004  
 Regional Bioterrorism Committee – NTRAC – 2003  
 EMS Director Hardeman County EMS - 2003  
 Chief of Staff – Hardeman County Memorial Hospital – 2002  
 Texas Academy of Family Practice Research Committee - 2002  
 Director of Trauma – Hardeman County Memorial Hospital – 2002  
 Director of Obstetrics and Gynecology – HCMH – 2002  
 Chairman Utilization Review Committee – HCMH - 2002  
 Chief Resident – Memorial Family Practice Residency Program – 2000-2001  
 Admission Interview Committee Member – Memorial Family Practice -2000  
 Curriculum Committee Member – Memorial Family Practice – 2000-2001  
 TAFP Committee on Public Health, Research, and Public Affairs – 2000  
 Texas Medical Association Committee on Rural Health -1995-1997  
 Executive Committee Member to Family Practice Student Association -1996  
 Student Representative to University of Texas Advisory Council – 1995  
 President Local Chapter of the American Chemical Society - 1993

#### **Licensure**

Texas State Board of Medical Examiners – K7750

#### **Certification**

Advanced Cardiac Life Support  
 Advanced Trauma Life Support  
 Advanced Pediatric Life Support