

Jay L. Gruhlkey M.D.

Work experience

July 2006 – present **Lonestar Medical** New Braunfels, Texas
CEO/Owner
Private practice multi-provider group

November 2024 – Present **Music Medicine** New Braunfels, Texas
Co-Owner
Medical support for touring musicians and music festivals

March 2016 – present **JLG Land Co.** Mason, Texas
CEO/Owner
Ranching and Hunting operations in Texas Hill Country

March 2013 – present **Direct Allergy** Erie, Pennsylvania
Chief Medical Officer
Chief Medical Officer/Co-Founder for start-up allergy company

September 2011 – present **National Procedure Institute** Austin, Texas
National Lecturer
Lecturer for Training PCPs in office procedures – Allergy Testing

July 2005 – July 2006 **River City Medical** New Braunfels, Texas
Staff Physician
Staff physician for clinic and hospital (affiliated with Allergy and Family
Medicine in San Marcos, Texas)

May 2005 – May 2015 **Southwest Medical Associates Inc.** Rockport, Texas
Contract Physician
Contract physician for rural emergency room coverage

October 2003 – October 2005 **Allergy and Family Medicine** San Marcos, Texas
Staff Physician
Staff physician (Family Medicine and Allergy treatment) for two clinics

August 2001 – September 2003 **Hardeman County Clinic** Quanah, Texas
Staff Physician
Staff physician for rural clinic, hospital, emergency room and nursing home

Training

Southwest Memorial Family Practice Residency Program
Houston, Texas
Internship and Residency in Family Practice 1998-2001

Education	June 1996 – June 1998 University of Texas – Houston Houston, Texas Doctor of Medicine
	August 1994 – June 1996 University of Texas Medical Branch Galveston, Texas Doctor of Medicine Candidate
	August 1993 – July 1994 University of Texas - Houston Houston, Texas Clinical Cytogenetics
	August 1989 – May 1993 Texas A&M University College Station, Texas Bachelor of Science – Chemistry

Accreditations	Fellow, American Academy of Family Physicians – June 2004 Federal Aviation Administration – Aviation Medical Examiner – June 2004 Board Certified - American Board of Family Medicine – recert April 2018 HIMS Aviation Medical Examiner – September 2023
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Professional memberships	Pan American Allergy Society American Academy of Family Physicians Civil Aviation Medical Association Texas Academy of Family Physicians Texas Medical Association Tri County Medical Society TEXPAC
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Awards received	Annual Leadership Forum Scholarship – TAFP - 2008 AMA Foundation Leadership Award – Young Physician Section – 2003 Resident Teaching Award – Society for Teachers in Family Practice - 2001 Mead Johnson Award for Graduated Education in Family Practice – 2000 Texas Outstanding Rural Scholar Recognition Program – 1994-1998 Merck Award for Academic Excellence – 1998 Deans List University of Texas Health Science Center Houston – 1994 American Chemical Society Leadership Award – 1993 Distinguished Students List – Texas A&M University – 1992 Robert Welch Research Fellowship in Chemistry - 1991
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Political and Organizational Activities	President Pan American Allergy Society 2013 Pan American Allergy Society Board Member – 2010-2013 Credentials Committee – Christus Santa Rosa New Braunfels 2010-13 Texas Medical Foundation – EMR implementation project 2009 CS2Day Smoking Cessation Research project participant 2008-2009 Family Practice Management Peer Reviewer 2007- current TAFP Board of Directors – Travis County Chapter Director 2008-2010 Central Texas Providers Network Board Member 2006-current New Braunfels Chamber of Commerce – Governmental Affairs Committee
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TMA House of Delegates - YPS delegate 2005-2007
Advisory Committee – e-MDs EMR Software Company 2005
Commission on Legislative and Public Affairs – TAFP 2004-2010
Finance Committee Texas Academy of Family Physicians 2004-2007
Tort Steering Committee Rep. Patrick Rose – 2003-2004
Regional Bioterrorism Committee – NTRAC – 2003
EMS Director Hardeman County EMS - 2003
Chief of Staff – Hardeman County Memorial Hospital – 2002
Texas Academy of Family Practice Research Committee - 2002
Director of Trauma – Hardeman County Memorial Hospital – 2002
Director of Obstetrics and Gynecology – HCMH – 2002
Chairman Utilization Review Committee – HCMH - 2002
Chief Resident – Memorial Family Practice Residency Program – 2000-2001
Admission Interview Committee Member – Memorial Family Practice -2000
Curriculum Committee Member – Memorial Family Practice – 2000-2001
TAFP Committee on Public Health, Research, and Public Affairs – 2000
Texas Medical Association Committee on Rural Health -1995-1997
Executive Committee Member to Family Practice Student Association -1996
Student Representative to University of Texas Advisory Council – 1995
President Local Chapter of the American Chemical Society - 1993

Licensure

Texas State Board of Medical Examiners – K7750

Certification

Advanced Cardiac Life Support
Advanced Trauma Life Support
Advanced Pediatric Life Support